

Last chance to receive free training in a mindfulness-based intervention that was designed by Professor Nirbhay Singh for people with disability

Researchers from the University of Sydney are looking for people with PWS to participate in a research project that examines the **feasibility of a mindfulness-based intervention to help people with Prader-Willi syndrome manage their emotions.**

The study is looking for people with PWS aged 13 to 30 years who have either a mild intellectual disability or typical IQ. This study will be conducted remotely via phone, email and video-conference and is, therefore, open to families both within and outside of Australia.

Eligible participants with PWS, their primary caregiver (parent or resident carer) will be invited to participate in the trial. The primary caregiver will be shown how to teach a mindfulness-based intervention to the person with PWS. The participants will be supported throughout the study by an experienced clinical psychologist.

To learn more please contact Dr Lauren Rice, Phone: +61 2 9114 4106; Email: fhs.devpsych@sydney.edu.au